



organic MILK banana CHOC

Nutrition Information					
Serving Size: 20g Servings Per Package: 1 Bar per 100g per 20g					
Typical values	per 100g	per Bar (20g)	Carbohydrate	63.0g	13.0g
			of which sugars	43.0g	8.6g
Energy	1525kJ	305kJ	Fibre	16.8g	3.0g
	363kcal	73kcal	Protein	3.7g	0.7g
Fat	8.3g	1.7g	Salt	16.0mg	3.0mg
of which saturates	4.7g	0.9g			

Organic Bananas (65%), Milk Chocolate Coating (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Soy Lecithin (Emulsifier), Vanilla), Chicory Fibre Syrup

**High in Fibre,
Lactose Vegetarian,
Gluten Free**

organic DARK banana CHOC

Nutrition Information					
Serving Size: 20g Servings Per Package: 1 Bar per 100g per 20g					
Typical values	per 100g	per Bar (20g)	Carbohydrate	61.0g	12.0g
			of which sugars	39.6g	7.9g
Energy	1537kJ	307kJ	Fibre	17.9g	4.0g
	366kcal	73kcal	Protein	3.8g	0.8g
Fat	8.8g	1.8g	Salt	4.0mg	1.0mg
of which saturates	4.9g	1.0g			

Organic Bananas (65%), Dark Chocolate Coating (Sugar, Cocoa Butter, Soy Lecithin (Emulsifier), Vanilla), Chicory Fibre Syrup

**High in Fibre,
Vegan, Gluten Free**

RAW banana DARKIE

**Vegan, High in Fibre,
Gluten Free**

Nutrition Information					
Serving Size: 20g Servings Per Package: 1 Bar per 100g per 20g					
Typical values	per 100g	per Bar (20g)	Carbohydrate	62.0g	12.0g
			of which sugars	43.0g	8.6g
Energy	1361kJ	272kJ	Fibre	37.0g	7.4g
	324kcal	65kcal	Protein	4.7g	0.9g
Fat	4.3g	0.9g	Salt	3.0g	1.0g
of which saturates	2.0g	0.4g			

Organic Banana (75%), Chicory Fibre, Cocoa Powder (4%), Cocoa Nibs.

RAW banana BREAD

**Vegan, High in Fibre,
Gluten Free**

Nutrition Information					
Serving Size: 20g Servings Per Package: 1 Bar per 100g per 20g					
Typical values	per 100g	per Bar (20g)	Carbohydrate	75.0g	15.0g
			of which sugars	33.0g	6.7g
Energy	1637kJ	307kJ	Fibre	17.5g	4.0g
	366kcal	73kcal	Protein	6.7g	1.1g
Fat	11.0g	2.2g	Salt	4.0mg	1.0mg
of which saturates	1.9g	0.4g			

Organic Bananas (65%), Chicory Fibre Syrup, Cashew Nuts, Pecan Nuts, Spice Mix (Cinnamon, Nutmeg).

RAW the GEM

**High in Fibre, Gluten Free,
Lactose Vegetarian, Source of
Protein**

Nutrition Information					
Serving Size: 20g Servings Per Package: 1 Bar per 100g per 20g					
Typical values	per 100g	per Bar (20g)	Carbohydrate	75.0g	15.0g
			of which sugars	36.0g	7.2g
Energy	1478kJ	296kJ	Fibre	18.3g	4.0g
	352kcal	70kcal	Protein	7.2g	1.4g
Fat	8.1g	1.6g	Salt	29.0mg	6.0mg
of which saturates	1.0g	0.2g			

Organic Bananas (66%), Chicory Fibre Syrup, Almonds, Skimmed Milk Powder, Cinnamon, Nutmeg.

ROLL UP organic banana CINNAMON

**High in Fibre, Vegan,
No added Sugar**

Nutrition Information					
Serving Size: 30g Servings Per Package: 1 Bar per 100g per 20g					
Typical values	per 100g	per Bar (30g)	Carbohydrate	88.0g	3.0g
			of which sugars	47.0g	14.1g
Energy	1449kJ	435kJ	Fibre	10.3g	3.1g
	345kcal	104kcal	Protein	3.9g	1.0g
Fat	1.8g	0.5g	Salt	3.0g	1.0g
of which saturates	0.7g	0.2g			

Organic Bananas (99%), Cinnamon.

ROLL UP banana DARKIE

**High in Fibre, Vegan,
No added Sugar**

Nutrition Information					
Serving Size: 30g Servings Per Package: 1 Bar per 100g per 20g					
Typical values	per 100g	per Bar (30g)	Carbohydrate	87.0g	3.0g
			of which sugars	45.0g	13.5g
Energy	1432kJ	430kJ	Fibre	10.8g	3.2g
	341kcal	102kcal	Protein	4.5g	1.0g
Fat	2.2g	0.7g	Salt	4.0mg	1.0mg
of which saturates	1.0g	0.3g			

Organic Bananas (96%), Cocoa Powder (4%).

ROLL UP organic banana

**High in Fibre, Vegan,
No added Sugar**

Nutrition Information					
Serving Size: 30g Servings Per Package: 1 Bar per 100g per 20g					
Typical values	per 100g	per Bar (30g)	Carbohydrate	78.0g	23.0g
			of which sugars	47.0g	14.2g
Energy	1453kJ	436kJ	Fibre	9.9g	3.0g
	346kcal	104kcal	Protein	3.9g	1.0g
Fat	1.8g	0.5g	Salt	3.0mg	1.0mg
of which saturates	0.7g	0.2g			

Organic Bananas (100%).