



KETO

protein

salted caramel

Nutrition Information					
Serving Size: 20g Servings Per Package: 1 Bar					
	per 100g	per Bar (20g)		per 100g	per 20g
Typical values			Carbohydrate	38.0g	8.0g
			of which sugars	2.6g	0.5g
Energy	1936kJ	387kJ	Fibre	26.0g	5.0g
	461kcal	92kcal	Protein	16.6g	3.3g
Fat	36.0g	7.2g	Salt	525.0mg	105.0mg
of which saturates	9.0g	1.8g			

Macadamia Nuts, Pea Protein, Soluble Tapioca Fiber Syrup, Dark Sugar Free Dark Sugar Free Chocolate Coating (Cocoa Butter, Erythritol, Cocoa Powder, Chicory Root Fiber, Flavoring, Sunflower Lecithin), Chicory Fibre, Glycerine, Sea Salt (1%), Flavouring (,1%), Stevia.

Vegan, High in Protein, High in Fibre

KETO

protein

mocha

Nutrition Information					
Serving Size: 20g Servings Per Package: 1 Bar					
	per 100g	per Bar (20g)		per 100g	per 20g
Typical values			Carbohydrate	38.0g	8.0g
			of which sugars	2.3g	0.5g
Energy	1877kJ	375kJ	Fibre	28.3g	5.7g
	447kcal	89kcal	Protein	16.7g	3.3g
Fat	36.0g	7.2g	Salt	294.0mg	59.0mg
of which saturates	9.0g	1.8g			

Tapioca Fiber Syrup, Macadamia Nuts, Pea Protein, Dark Sugar Free Chocolate Coating (Cocoa Butter, Erythritol, Cocoa Powder, Chicory Root Fiber, Flavoring, Sunflower Lecithin), Cocoa Nibs, Coffee (<1%), Sea Salt, Stevia, Flavouring (<1%).

Vegan, High in Protein, High in Fibre

SUGAR FREE

dipped nuts

dark choc macadamias

Nutrition Information					
Serving Size: 40g Servings Per Package: 1 Bag					
	per 100g	per Bag (40g)		per 100g	per 40g
Typical values			Carbohydrate	30.0g	12.0g
			of which sugars	4.2g	1.7g
Energy	3511kJ	1404kJ	Fibre	12.0g	4.8g
	836kcal	334kcal	Protein	15.0g	6.0g
Fat	0.0g	0.0g	Salt	332.0mg	133.0mg
of which saturates	19.5g	7.8g			

Macadamia Nuts, Dark Chocolate Coating (Cocoa Butter, Erythritol, Cocoa Powder, Chicory Root Fiber, Sunflower Lecithin), Pea Protein, Sea Salt, Flavouring.

High in Protein, High in Fibre, Vegan, No added Sugar

SUGAR FREE

dipped nuts

dark choc almonds

Nutrition Information					
Serving Size: 40g Servings Per Package: 1 Bag					
	per 100g	per Bag (40g)		per 100g	per 40g
Typical values			Carbohydrate	31.9g	12.8g
			of which sugars	2.7g	1.1g
Energy	2268kJ	907kJ	Fibre	12.5g	5.0g
	540kcal	216kcal	Protein	14.0g	6.0g
Fat	46.0g	18.0g	Salt	157.0mg	63.0mg
of which saturates	11.0g	4.4g			

Almonds, Dark Chocolate Coating (Cocoa Butter, Erythritol, Cocoa Powder, Chicory Root Fiber, Flavouring, Sunflower Lecithin), Sea Salt

High in Protein, High in Fibre, Vegan, No added Sugar

SAVORY

salt & vinegar

macadamias

Nutrition Information					
Serving Size: 40g Servings Per Package: 1 Bag					
	per 100g	per Bag (40g)		per 100g	per 40g
Typical values			Carbohydrate	5.0g	2.0g
			of which sugars	4.6g	1.8g
Energy	2982kJ	1193kJ	Fibre	8.5g	3.4g
	710kcal	284kcal	Protein	7.8g	3.1g
Fat	75.0g	30.0g	Salt	236.0mg	94.0mg
of which saturates	11.9g	4.8g			

Macadamia Nuts, Sea Salt (<1%), Vinegar (1%)

Source of Protein, High in Fibre, Vegan

SAVORY

siracha hot spice

macadamias

Nutrition Information					
Serving Size: 40g Servings Per Package: 1 Bag					
	per 100g	per Bag (40g)		per 100g	per 40g
Typical values			Carbohydrate	14.9g	6.0g
			of which sugars	4.5g	1.8g
Energy	2898kJ	1159kJ	Fibre	8.8g	3.5g
	690kcal	276kcal	Protein	7.8g	3.1g
Fat	72.0g	28.8g	Salt	624.0g	250.0g
of which saturates	11.6g	4.6g			

Macadamia Nuts, Hot Spice Mix (4%) (Chilli Powder, Sea Salt, Sichuan Peppercorn, Black Pepper).

Source of Protein, High in Fibre, Vegan